

Amendment to the Abstract:

Please replace the abstract in the above identified application as follows.

A communication system and method for communicating information in one or more time slots within a predetermined bandwidth is disclosed. The system and method comprise communicating information, by at least one communication unit, in selected one or more random access subslots. The one or more time slots are divided into multiple subchannels, wherein each subchannel of the multiple subchannels is non-overlapping in frequency and divided into the one or more random access subslots that is non-overlapping in time.